Awareness means you acknowledge the issue. Acceptance means you work to understand and offer compassion and sensitivity to others.

Awareness means you share concern. Acceptance means you offer help and support without judgment.

Awareness means you are informed about the issue. Acceptance means you embrace it and are invested and committed to inspiring and building support in your own community.

Acceptance is the next step towards building an inclusive, supportive society that celebrates all children and youth. Acceptance moves us to advocate for equitable support and family-driven treatment options. Acceptance supports social justice for children who experience mental health challenges – and their families.

It’s Time to Step into Action.

Children’s Mental Health Acceptance Week - and every day of the year!

www.ffcmh.org